



Bean Soup

Entertainment & Stuff

To Bean or not to Bean?

Volume 12 Number 4

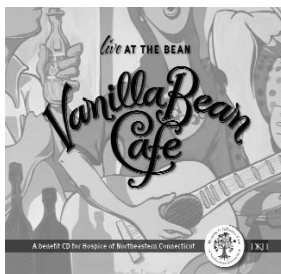
October 2008 - December 2008

Free*

Live at the Bean - CD

The Vanilla Bean Café's *Live at the Bean*. CD is a sampling of many of the wonderful and talented artists who perform on our stage each week.

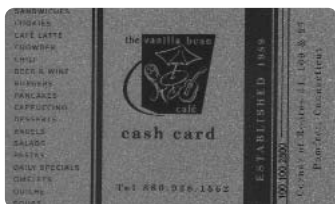
Shows at The Vanilla Bean Café started in 1990 primarily as benefits for local organizations or families. Featuring local musicians and friends, the early shows were mostly just for the fun of it. We showcased our first Open Mic (Java Jive) and began regular music bookings in the fall of 1990. Maria Sangiolo commenced musician engagements in 1996 as we established our place on the National Folk Music Circuit. Our stage has been graced by many nationally know acts including Aztec Two-Step, Dar Williams, Tracy Grammer, Lori McKenna, Chris Smither, Geoff Muldaur and Garnet Rogers.



The 18 different cuts on the CD range from plaintive love songs to witty takes on motherhood, feminism and the secret life of food. Well-known Pomfret residents, performers Sally Rogers, Howie Bursen and Donna Dufresne join Maria Sangiolo on the recording. Copies of the CD can be purchased at the Vanilla Bean Café or on our website. The CD makes excellent background music or a lively companion in the car. The combination of original voices, strong instrumental pieces and the poignancy of the lyrics make *Live at the Bean* a special gift that serves the larger community as well.

Café Cash Cards

Our Café Cash Cards are always available for purchase at the register. Our card works just like the popular gift cards available in many stores today. The Café Cash Card makes a great gift for friends and family members and is ideal for students at the local schools.



Purchase a card in any amount and it can be used to purchase any item on our menu. Purchase a card for \$100.00 (or more) and we will add 10%!

Our Sister Restaurant

Connecticut Magazine BEST OF CONNECTICUT 2008

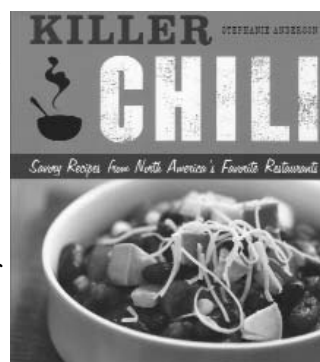
~ Macaroni and Cheese ~

Not just one macaroni and cheese, but the whole history of mac and cheese is offered here, in a zillion combinations: Alaskan crab, pencil asparagus, cherry tomatoes and aged Parmesan; a wild mushroom medley with morel, portabello and shiitake. Chef/owner James Martin loves to play, so don't be surprised to find native sweet corn or wild-boar bacon in the mix. The most important ingredients-toothsome pasta and creamy béchamel-are the constants.



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The Vanilla Bean Café

Things we would like you to know...

The Vanilla Bean Café opened in 1989 with 16 seats.

The Café is owned by the **Jessurun Family**.

The Café is open 361 days each year - we close on:

Easter Sunday
 Fourth of July
 Thanksgiving
 Christmas Day

Business Hours:

Monday	- 7:00 am - 3:00 pm
Tuesday	- 7:00 am - 3:00 pm
Wednesday	- 7:00 am - 8:00 pm
Thursday	- 7:00 am - 8:00 pm
Friday	- 7:00 am - 9:00 pm*
Saturday	- 8:00 am - 9:00 pm*†
Sunday	- 8:00 am - 8:00 pm

*We may close early during colder months.

†Entertainment night - serving dessert, beer & wine until 10:00 pm.

We offer an extensive selection of beer and wine.

Bean Soup is the Café's quarterly newsletter and entertainment guide.

Stella, the English Mastiff you may occasionally see around the café, is very social and great with children.

Web site: www.TheVanillaBeanCafe.com

E-mail: info@thevanillabeancafe.com

Address: **Corners of Routes 44, 169 & 97
 Pomfret, Connecticut**

Phone: **860-928-1562**

Music booking: **Maria Sangiolo**
maria@thevanillabeancafe.com

Art booking: **Randy Markes**
randy@thevanillabeancafe.com

Bean Soup ads: **Barry Jessurun**
barry@thevanillabeancafe.com

Accolades and Awards

The New York Times

"The food...is freshly made, well seasoned and extremely tasty."

The Boston Globe

"...great food - homemade soups, sandwiches, burgers, and the best fish cakes around - in a relaxed atmosphere."

Yankee Magazine's Travel Guide to New England

"Editors' Pick" 1997, 2003 & 2004

"One of the outstanding reasons to visit New England."

Connecticut Magazine Readers' Poll

Windham County - Various years

Best Family Dining - Best Sandwiches

Best Desserts - Best Business Lunch

Best Vegetarian - Best Outdoor Dining

Norwich Bulletin - Dining Guide

Food: ★★★★★

Atmosphere: ★★★★★

The Hartford Courant

"This is a place that serves excellent food and brings in some of the better performers on the New England coffee house circuit..."

"The Vanilla Bean Café in Pomfret is one of those rare places that truly has something for everyone... Oh, yes - the food is truly delicious, too."

The New London Day

★★★

"The soups are homemade and delicious, the sandwiches unusual and served on breads that are positively delicious..."

www.VisitingNewEngland.com

"the Vanilla Bean Cafe is one of those places you simply don't want to leave."

www.HiddenBoston.com

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- author unknown



Peter D. Plourde

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October Entertainment

Friday - 3 - Open Mic



Host - Bonnie Lee Panda - Feature -Porter creates songs that are uniquely beautiful, blending her carefully crafted poetry, with organic melodies that evolve in unexpectedly delightful ways.

Saturday - 4 -

Maria Sangiolo & Jim Henry

Maria Sangiolo has been enchanting audiences with her warm stage presence and pure voice for almost twenty years. Her voice has been described by *The Boston Globe* as 'angelic and pure...a born singer.' Her "stage presence is like a veteran," says Livingston Taylor. She delivers her



songs "touching lyrics and understated melodies with depth, poise and grace," noted the *San Diego Union Tribune*. Passion, poise and power...these three words describe what one can expect at this singer/songwriter's solo concerts for adults. "Fueled by her engaging voice and deft guitar playing, Maria Sangiolo opens her heart and the listener's simultaneously, making connections to the complexities of the human experience. Sangiolo's voice sends shivers. Sweet and unforced, it delivers personal songs that ever-so-gently touch the heart." - Maureen Jackson, *Victory Review*.

There are only a few musicians who make you wonder if it's really as easy as it looks. Who make you crane your neck to see how many people are up on stage because you can't believe all the sounds and textures emanating from one place. Who you feel compelled to seek out and thank



after the show, because you were absolutely transported by their contributions. This is how people feel after hearing **Jim Henry** play. Jim Henry's longtime reputation as a phenomenal all-around musician is well-deserved. He can do it all: play most things stringed, sing lead or harmony, write great songs, produce, engineer and arrange. Four solo recordings and literally hundreds of tracks on other people's recordings have cemented his position as one of the most versatile and talented musicians working in acoustic music today.

I AMAZE MYSELF!



Book Signing

Sunday, October 5th

4:00-7:00 pm

Kay McConaughy

I Amaze Myself

October Entertainment

Saturday - 11 - Dave Gerard

Dave Gerard's third CD, *Dreams of Kings* is a snapshot of his musical career that has spanned more than two decades. Infused with emotion, unforgettable melodies, and quality song-writing craftsmanship, this is Dave's strongest collection of songs to date. A warm rootsy album with a variety of genres and contemporary production, cohesively pulled together by Dave's distinctive vocal style and guitar playing. Dave is also known as front man for the NH based band Truffle. Playing without a set list allow for a unique show at every performance. Enjoy!



Saturday - 18 - Mark Erelli

For the last 10 years, over the course of six albums and countless miles traveled from coffeehouse to house concert to listening room, **Mark Erelli** has made himself the veritable James Brown of Unitarian church basements. He's "the hardest working man in folk business" and one of the most respected singer-songwriters on the circuit. Beyond his solo career, he has also fashioned himself into one of the most in-demand instrumental sidemen, touring with Lori McKenna and gaining strong attention as a writer, performing in Nashville song circles and backstage pickin' parties with the likes of Tim McGraw, Faith Hill, Trisha Yearwood, Lyle Lovett, John Hiatt and others. "With hushed tones and excellent musicality, Erelli's solo performances will surely appeal to any fan of genuinely heart-felt folk music."



Saturday - 25 - Pierce Pettis

Pierce Pettis, adored by both critics and public alike, is one of this generation's most masterful songwriters. His music is distinguished by his uncanny ability to capture universals in human experience by drawing on the humor and trials in daily life. Pettis' music can simultaneously pull on our hearts and keep us laughing. The beautiful harmonies, inventive yet subtle percussion, strong guitar, and Pierce's rich vocals are a constant throughout his body of work. During his long career Pettis has been a writer at Muscle Shoals Sound Studios in AL, recorded for Fast Folk Musical Magazine in NY, won the prestigious New Folk competition for songwriting at the Kerrville Folk Festival in TX, and was a staff songwriter at Polygram and Universal Music Publishing in Nashville. He has received numerous awards including a 1999 Country Music Award from ASCAP for *You Move Me* -co-written with Gordon Kennedy and recorded by Garth Brooks on his album, *Sevens*.



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- Giacomo Leopardi



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- Tom Hopkins

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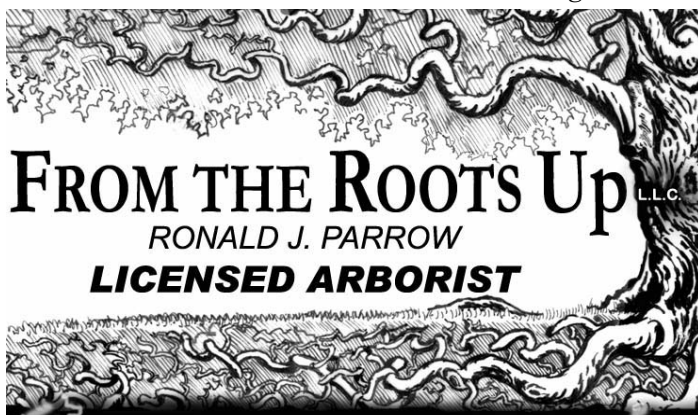
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November Entertainment

Saturday - 1 - Brooks Williams

With bluesy finger-picking, soaring bottleneck slide, and swinging flat-picking, **Brooks Williams'** music is rooted in the blues and is as fresh and original as any music you are likely to hear. His unique combination of traditional and original music inspired *Dirty Linen* magazine to call Brooks Williams one of "America's musical treasures." His guitar skills won him a place on the Top 100 Acoustic Guitarists list, in company with the likes of Michael Hedges, Chet Atkins, Leo Kottke, Doc Watson, and David Bromberg, to name a few. Brooks Williams is as diverse and versatile a musician as you are likely to encounter. It is pleasantly difficult to pin him down. He's a guitarist, a songwriter, and an interpreter; he is a frontman, a sideman, he works solo or in a band - and he is quite simply one of the most entertaining and engaging performers on the circuit today. From coast-to-coast, country-to-country, Williams and his guitars roll and tumble like nobody's business.



Friday - 7 - Open Mic



Host - Bonnie Lee Panda - Feature - When asked why she writes, **Beth Colegrove** quotes a song hers (although mostly she draws upon the lyrical wisdom of artists Lori McKenna, Patty Griffin, or Antje Duvekot), she answers, "She asks me why I write and I say, well, why do I breathe. It's not a way of life, it's just the life that I lead."

Saturday - 8 -

Paul Rishell & Annie Raines

When 22-year-old harmonica ace **Annie Raines** first sat in with 42-year-old country blues guitarist **Paul Rishell** in a Boston bar in 1992, few in the crowd suspected that they were witnessing the beginning of a musical partnership that would span the next sixteen years and counting. As a working team, Paul and Annie have racked up hundreds of thousands of miles on the road in the US and Europe, collaborated on original songs, and released *I Want You to Know*, *Moving to the Country*, the W.C. Handy Award winner for Acoustic Blues Album of the Year, and *Goin' Home*, which was nominated for two Handy Awards. They clearly adore the vintage charms of early blues masters like Charley Patton, Ma Rainey, and Blind Lemon Jefferson, but there is nothing archival about the sweet muscle and urban sass they bring to their arrangements. Rishell is a wonderfully convincing singer - and such a hot guitarist that he taught both Susan Tedeschi and Michael Tarbox. Raines plays the harmonica like she was born with one in her mouth.



November Entertainment

Saturday - 15 - Beth Colegrove & Bonnie Lee Panda

Bonnie Lee Panda has the voice of an angel heard through songs that soar with spirit. The Host of our Open Mic and a Cheshire, CT native, *Connecticut Magazine* recognizes Bonnie Lee as one of the new generation of singer-songwriters in Connecticut with a "big voice and telegenic looks." Her music is a blend of country and folk with soul. When she begins to sing and play her acoustic guitar, "her voice resonates throughout the room until everything else just fades away" -Cheshire Herald.



Playing guitar since age twelve, writing music since fourteen, **Beth Colgrove** was instructed by folk artist Brooks Williams from 2003 until 2006. Williams describes Beth as, "one of the finest students he has ever had..." (see 11/7)

Saturday - 22 - Roy Book Binder

Back in the early 60s, **Roy Book bBinder** learned his craft from the legendary blind street singer, Reverend Gary Davis, who was thrust into the national spotlight when Peter, Paul, and Mary recorded his song "If I Had My Way." After two years of traveling the folk-blues circuit with his mentor, Roy struck out on his own. Along the way, he befriended Pink Anderson, an old Carolina medicine show performer as well as a cast of characters, including three peg-legged dancers, and a 90 year old classic blues singer with a sparkling smile, who was known as, "Diamond Teeth" Mary (Bessie Smith's half sister). All of these characters have become a part of his show which is a hilarious educational experience not to be missed. Roy has toured with Bonnie Raitt, Hot Tuna, and J.J. Cale. He has been invited to many festivals including: The National StoryTelling Festival, the New Orleans Jazz and Heritage Festival, the Chicago Blues Festival, and MerleFest where he has hosted the acoustic blues stage for the past twelve years. Don't miss the show! He's a guaranteed crowd pleaser!



Saturday - 29 - Deb Davis Jazz

Assembled by alto vocalist **Deb Davis** of Pomfret, this jazz quintet (vocal, piano, guitar, bass, and drums) features New York and Boston musicians with tour and club experience in Asia, Europe, the Americas, and "down under." Taking off from selections in the American songbook, this combo soars with impressions harvested from the straight-ahead, bop, post-bop, and avant garde traditions of jazz. Even more satisfying, there's joy in the moment, for performer and audience alike.



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December Entertainment

Friday - 5 - Open Mic



Host - Bonnie Lee Panda - Feature - Danielle Miraglia's country/folk/blues sound descends in large part from Mississippi John Hurt, and she is a worthy carrier of that guitar-picking tradition. Her voice, reminiscent of Bonnie Raitt's, is strong but vulnerable, feminine but never precious, with a gutwrenching catch to it. Her guitar playing is both accomplished and soulful.

Saturday - 6

Cindy Mangsen & Steve Gillette

Steve Gillette is best known as a songwriter, with songs recorded by artists from Ian & Sylvia to Garth Brooks, Jiminy Cricket and John Denver. His song Darcy Farrow has been recorded by more than 100 artists, most recently by Nanci Griffith. He wrote the book on songwriting: Songwriting and the Creative



Process (Sing Out Press) which is a standard text in songwriting classes across the country. Steve sings in a rich baritone and is a virtuoso on guitar, using a unique finger-picking style with a flat-pick and two fingers. **Cindy Mangsen**, who married Gillette in 1989, is also a songwriter, focused on songkeeping. Cindy is a master interpreter of traditional ballads, rich in myth and legend. She plays guitar, concertina, and banjo, and is renowned for her compelling voice, described by one critic as a voice that can warm a New England winter. As Steve comments, "Cindy has brought me back to my roots, and I think I've influenced her in terms of ensemble playing, rhythmic development, arrangement and performing. We're very fortunate to play for people who really listen and who come to a concert with a certain sense of history. There's a strong feeling of community about this music."

"One should guard against preaching to young people success in the customary form as the main aim in life. The most important motive for work in school and in life is pleasure in work, pleasure in its result, and the knowledge of the value of the result to the community." - Albert Einstein

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December Entertainment

Saturday - 13 - Miss Tess

Miss Tess is a young, Boston-based songwriter, whose "Modern Vintage" sound bridges eras and genres. True to the tradition, her vocals can soar or caress as she strums and picks her way through an array of styles, from rag-time, to blues; country, to swing. Tess writes songs with the folk sensibilities of a troubadour that engage roots-devotees and newcomers alike. A typical set conjures a cast of dreamers and lovers, down on their luck and charming their ways in and out of trouble, with familiar faces mingling in the crowd, courtesy of folks like Bessie Smith and Tom Wait, perpetual muses to her style. This past November she won the 27th biannual Open Mic Shootout at Eddie's Attic in Decatur, GA. As the winner, she performed on the 2008 Cayamo music cruise with headliners Emmylou Harris and Lyle Lovett.



Sunday 20 - Atwater-Donnelly

The highly praised husband-wife duo, **Aubrey Atwater** and **Elwood Donnelly** present delightful programs of traditional American and Celtic folk songs, a capella pieces, hymns, dance tunes, and original works. Elwood and Aubrey blend gorgeous and unusual harmonies and play guitar, Appalachian mountain dulcimer, mandolin, tin whistle, harmonica, banjo, bones, spoons, limberjacks, and other surprises. Their performance is appealing to all ages, and with humor, audience participation, and a relaxed stage presence, they explain song origins to create a deeper understanding of the music and its cultural history. "A dazzling duo ... the epitome of local folk music." - *Good Times*



"When we long for life without difficulties, remind us that oaks grow strong in contrary winds and diamonds are made under pressure."

- Peter Marshal



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- Santideva, Bodhicaryavatara

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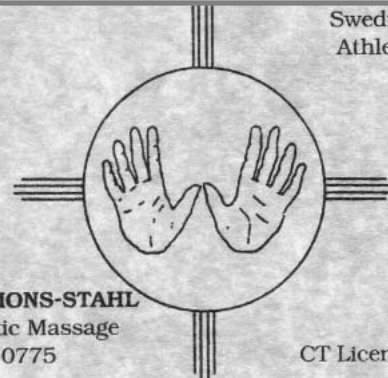
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- Harvey Mackay



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- Chinese Proverb

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Weekend Breakfast

A full breakfast menu is served Saturday and Sunday from 8:00 am - 12:00 noon. We offer a variety of specials including Chipotle Benedict, English Bangers with Mushroom Gravy and Pumpkin Spice Pancakes. We use only 100% maple syrup and top-quality bacon. ☺

Dinner at The Bean

We are open for dinner Wednesday - Sunday nights. Each night we run four or five dinner specials. Recent items include: Pan-seared Red Snapper, Baked Cod Provencal, Wild Mushroom Ravioli and Maple Glazed Scallops. We offer a truly quality dinner at a great price, in a warm and friendly atmosphere. If you haven't tried us for dinner yet, it's time you did. ☺

The Artwork Gallery

The Café displays artwork by local artists year round. The shows are one or two months in duration. Some shows have openings and some do not. Most of the artwork is for sale and often prices are listed with the piece or on a list located in the room.

One hundred percent of the sale price goes to the artist.

October - Diana (Markes) Levitt

November - Eric Anderson

December - Quits ☺

Entertainment

The Café is on the National Folk Music Circuit and attracts talent from all over the United States, drawing mainly New England performers. The majority of the shows are on Saturday night and start at 8:00 pm. The Open Mic night is the first Friday of each month. During the shows we separate our listening room from the tiled dining room and the kitchen with a theatre curtain. This helps keep the music in and the kitchen noise out. ☺

On-Site WiFi

We provide complimentary wireless internet service. Bring your lap top to the Café, search for available networks and log on to the VBC. Get a little work done or check your mail while you eat lunch! ☺

Gilly's Art

Classes for
adults & kids
in
painting, drawing,
mixed media



1 mile from the Vanilla Bean

Gilly Gordon 974-1140

Our Pricing Practices

1. Sales Tax Included - Our prices include the 6% Connecticut Sales Tax. The prices listed on the menu are exactly what you pay. Our prices may seem to be inflated; however, a \$8.50 menu item is actually \$8.02 + \$.48 sales tax. Furthermore, this practice makes it easier for the customer, especially if that customer is a child who has exact change for a cookie. What you see is exactly what you pay - what could be simpler?

2. Not Market Standard Pricing - We are not trying to fool the customer into thinking that \$7.95 is less expensive than \$8.00. We find this type of pricing insulting to our customers. However, the reason it is used so extensively around the nation is that it works effectively. We don't like that practice, and we also like to believe that our clientele is not so easily fooled.

3. No Pennies, Dimes or Nickels - Because our prices include tax and we do not price in the standard way, we do not have to use pennies, dimes or nickels. This is a service to both the customer and to us. We don't give you lots of change, and we only have to use quarters and fifty-cent pieces. This also helps our staff to be more efficient performing transactions, which saves time and money. An added bonus is that we don't have to count change at the end of the business day. ☺

Come in for dinner Wednesday - Sunday



MARTHA'S HERBARY

ACCESSORIES IN AND OUT OF THE GARDEN

589 POMFRET ST. • P.O. BOX 236 • POMFRET • CT • 06258 • 860-928-0009

Bean Soup is an information and entertainment newsletter published by The Vanilla Bean Café.

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The Vanilla Bean Café Pomfret Connecticut 06258

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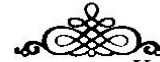
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- Napoleon Hill

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"Leadership is practiced not so much in words as in attitude and in actions."
- Harold S. Geneen

WALLPAPER

Eleanor Racette

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"We are supposed to forgive everyone; everyone includes ourselves."
- Denis Waitley

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Saturday 11:00-3:00 PM
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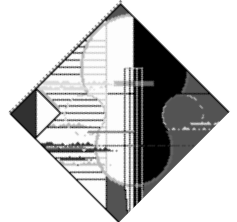
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Email: davidjewelers@sbcglobal.net

Did you know...

We have been open for over 19 years. We serve breakfast on Saturday & Sunday. The Bean offers a variety of vegetarian specials. You can view our Daily Specials on our website. All of our menu prices include 6% CT Sales Tax. We have another restaurant in Putnam - 85 Main - 85 Main Street. *The Vanilla Bean Café* has been written up in the *New York Times*, *The Boston Globe*, *Connecticut Magazine* and many other notable publications. We have a WebCam for live internet viewing of our Saturday night entertainment.



"To Bean or not to Bean...?" ...is it really a question?

Pomfret CT 06258
P O Box 206



WiFi available in Dining Room

<p>Live at the Bean Benefit CD for Hospice Makes a Great Gift \$20.00</p>	
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Book signing - Sunday, October 5th 4-7pm- Kay McConaughy - *I Amaze Myself*

Saturday October 18th - Mark Erelli

2008... What's Happening at The Bean ... 2008
October, November, December 2008 Calendar listings

What's Happening at "The Bean" ...



All shows start at 8:00 PM unless otherwise noted

- **Friday October 3rd** Show Time 7:45 - \$5.00
Open Mic - Porter
- **Saturday October 4th** - \$15.00
Maria Sangiolo & Jim Henry
- **Saturday October 11th** - \$10.00
Dave Gerard
- **Saturday October 18th** - \$17.00
Mark Erelli
- **Saturday October 25th** - \$15.00
Pierce Pettis
- **Saturday November 1st** - \$15.00
Brooks Williams
- **Friday November 7th** Show Time 7:45 - \$5.00
Open Mic - Beth Colegrove
- **Saturday November 8th** - \$15.00
Paul Rishell & Annie Raines

Call ahead, shows are subject to change

- **Saturday November 15th** - \$10.00
Bonnie Lee Panda & Beth Colgrove
- **Saturday November 22nd** - \$15.00
Roy Book Binder
- **Saturday November 29th** - \$10.00
Deb Davis Jazz
- **Friday December 5th** Show Time 7:45 - \$5.00
Open Mic - Danielle Miraglia
- **Saturday December 6th** - \$15.00
Cindy Mangsen & Steve Gillette
- **Saturday December 13th** - \$10.00
Miss Tess
- **Saturday December 20th** - \$15.00
Atwater-Donnelly
- **Saturday December 27th**
NO SHOW



Shows streaming on the internet via our Webcam - www.TheVanillaBeanCafe.com

The Vanilla Bean Café ♦ Corners of Routes 44, 169 & 97 ♦ Pomfret, Connecticut 06258 ♦ 860-928-1562